AMHERST SCHOOL NEWSLETTER

9TH EDITION 11 NOVEMBER 2022

MESSAGE FROM MR REID

Child of St Kilda

On Channel 5 last night Ben Fogle visited St Kilda as part of his 'Lost Worlds' series. It provided a wonderful insight to what life was like on St Kilda in the past and how the island is now being used as a world heritage site to protect the wildlife.



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I would thoroughly recommend watching part or all of it with your child as it will help deepen their understanding. They will also be excited to see the island that they have been learning about in school for the last two weeks, featured in a programme on television. It should be available on catch up under the My5 app.

The children continue to really enjoy this project and I have loved seeing their work progress this week. A highlight has been seeing the Year 6 St Kilda model mail boats coming in to school! I must mention too, James R in Year 6, who painted a stunning picture of an orca at the weekend using acrylics. Well done James!

I am so pleased the book is inspiring such interest and high quality work.

Parent's Evening

We look forward to welcoming you all to parents' evening next week on Tuesday and Wednesday. This will provide you with the opportunity to discuss your child's progress up to this point in the academic year with their class teacher. The appointments take place in the hall.

Have a good weekend.

Mr Reid

Remembrance

Miss Jones led today an assembly today on Remembrance as part of Friday's achievement assembly. The whole school then completed a one minute silence at 11.00am.

Thank you also to all the children who supported the Poppy Appeal this year.



NOTICES



YEAR 6 TRIP - YOUNG VOICES 2023

Today is the last day for ticket and t-shirt orders for the Young Voices trip to the **O2** on **FRIDAY**, **20 January 2023**. Please see the letter sent last week for instructions on placing your orders via a google form & payment via www.schoolgateway.com.



NEW MENU - MONDAY 14 NOVEMBER!

We are excited to launch our new lunch menu!

Please have a **look at the new menu** on the school's website or <u>click here</u>. If you would like to <u>change your child's meal pattern</u>, please <u>click here</u>.



BAZAAR COLLECTION - FRIDAY, 18 NOVEMBER

Spa and Beauty donations on Friday 18 November.

Toys, Books, DVDs donations from Monday 14—25 November daily.



BOOKFAIR 21st- 23rd NOVEMBER

Our annual book fair is being held from Monday 21st - Wednesday 23rd November 2022, in the small hall after school from 3:30pm - 4:15pm. Your children will have the chance to explore the fair on Friday 18th November with their class, before being able to buy them on Monday - Wednesday.

- Preferred payment method is online via a QR code.
- We will accept cash if online payment is difficult.

Please click here to browse the catalogue .



ADMISSION TO PRIMARY / JUNIOR SCHOOLS

2023 applications are open between Friday 4 November 2022 - Monday 16 January 2023 and can be made online at www.kent.gov.uk/ola.



CHRISTMAS CAROL COMPETITION

Think you have what it takes to write your own Christmas song?

Why not enter our Christmas Carol Competition by writing the lyrics to your very own carol. You could make it about anything Christmassy: Winter, the Nativity Story, Snowmen, Santa ... the choice is yours!

- Just focus on words, try to write at least two verses, although some of you will also want to write a repeating song chorus.
- Hand your completed lyrics in to Mr Clarke or at the school Reception Desk by Wednesday 16th November.



BOOK FAIR COMPETITION

For Amherst's 2022 Book Fair, we are running an exciting competition! Your task is to design a section of bunting, which celebrates literature (books, authors, plays, poems, enjoyment in general of reading).



It should be:

Clear Colourful Related to literature Obvious from a distance

We look forward to judging your amazing entries!



DANGEROUS DRIVING AND PARKING

We have had reports of dangerous driving and parking in the area, please can we ask that parents adhere to road traffic rules in order to make sure our children is safe when crossing the roads.



15 November — Parent Consultations 16 November — Parent Consultations 18 November — Children in Need

21–23 November — Book Fair 25 November — Clubs End

25 November — PTA Uniform & Christmas Jumper Sale

28—29 November — Year 3 Rocks Day workshops

2 December — Year 4 Christmas Production (Dress Rehearsal)

3 December — PTA Bazaar 5 December — PTA Mini Bazaar

5 December — Year 4 Christmas Production (Matinee Performance 2pm)
7 December — Year 4 Christmas Performance (Evening Performance 6pm)

12 December — PTA Secrets Room
12 December — Carol Service
14 December — Pantomime trip
15 December — Christmas Lunch
16 December — Term 2 Ends

STAR OF THE WEEK

3CL	Jacob L
3H	Conor B
3W	Jasper P
4C	Mark G
4DB	Lottie P
4SF	Noah S

5A	Eleanor O
5J	Sara I
5S	Harrison P
6A	Dane R
6B	Charlotte B
6SB	Annabel A

CHILDREN IN NEED

At home Competitions - £1 to enter

Week 14 - 18 November

Literacy

Story writing (max 500 words)/poem

Art

Making a model out of recyclable materials / lego / sewing

Free hand drawing/painting of a scene/food art / nature / flip book / comic strip

PE / Drama

Singing or dancing competition (max 1 ½ mins long) - Friday Lunchtime Performance

Whole school events

£1 donation

Friday, 18 November

Non-uniform Day - £1 donation

Children to wear something that is yellow or spotty.

Cross-country Run-a-thon £1 donation

Anyone (children and parents) who wishes to join in the run-a-thon on Friday can turn up from 8.00am on school field. See how many laps you can do. Runners to wear suitable clothing & shoes and may like to wear some spotty head gear!

Cake Sale After School

Cakes should be Cupcakes / Fairy cakes this year, decorated with a CiN theme. Cakes to come in with the children in the morning via the school office. The cake sale will be after school at the gate.

Please bring small change - cakes 50p/£1

Lunch Time Competitions

£1 to enter

Friday, 18 November

Beat the Goalie - football/ handball.

How many balls can you put in the back of the net against the teachers!

Keep Uppy-a-thon

How many times can you keep a tennis ball bouncing on the racquet? Skip-a-thon

How many skips can you do in one minute?

Wicket-a-thon

How many times can you strike the stumps in 1 minute

Goal-a-thon

How many goals can you score in netball/basket ball in 1 minute?

Please make all your donations via www.schoolgateway.com

TEAM AMHERST PTA

Christmas Bazaar

SPA/BEAUTY COLLECTION

Our next collection is coming up for thi Friday, 18th Novembe We will be asking for any spa and beauty items for either women/men/teens/children to help your classes fill Christmas stockings that will be for sale at the bazaar.



This will be in exchange for festive or silly socks/tights! 🎇



Thank you again for all of your efforts in making this a fun event for the children again this year! -- Your PTA Team











Plus we are also collecting the **LV** until 25/11. following [



TOYS AND BOOKS COLLECTION

ween the 11th - 25th November we will be accepting GOOD
Y new or secondnand toys, books and DVDs for our toy stall. **QUALITY** new or Please make sure all stuffed toys are washed beforehand. make sure toys are in good working condition to sell (a good rule of thumb to go by is, "Would I want to buy this?")

Donations can be left in the Christmas Box in the vestibule at the schools main entrance.

Thank you again for all of your efforts in making this a fun event for the children again this year! -- Your PTA Team



CHRISTMAS BAZAAR

Saturday, 3 December 2022 12 - 3pm





COMMUNITY EVENTS

Please click on the pictures to see more information.



Stonepitts Farm are once again offering a £2.00 donation to Amherst School for every Christmas tree bought by parents and staff. Please visit the website for more details: www.stonepitts.com

Please show this snippet from our newsletter when making your purchase.

Stonepitts also make a donation per tree sold to various charities. This year the donation goes to Demelza Hospice Care for Children.



Raise Resilience – Parent Course

The 'Raise Resilience' course offers advice and guidance for parents to support their child with their psychological fitness at home or school.

There is currently a **10%** discount being offered and if you use the following links and codes, it will provide a small discount. Either the parent or adult signposting the parent to the course will need to email info@bounceforward.com and quote **RR10** for the Raise Resilience course.

The next Raise Resilience will take place on the 28th, 30th November 5th, 7th, 12th, and 14th December. The overall cost for the 6 online sessions is £45 (-10%) and will take place between 8 – 9pm via an online meeting invitation. All sessions are recorded should a parent miss one of the sessions.



RAISE RESILIENCE

Helping parents and their children to build mental resilience, look after their emotional wellbeing & be psychologically fit.

 $\ensuremath{\mathsf{A}}$ six-session course with resources to use at home with your children.

As a parent, you want to support your children in the best possible way, and show them how to deal well with setbacks and uncertainty.

There is an immediate need to preserve childrens' emotional wellbeing and build mental resilience at this point in history, where it is genuinely needed.

Bounce Forward hosts a series of sessions that provide reflective and practical approaches to building mental resilience & to support positive changes in cognition and behaviour.

Raise Resilience will help parents to reflect on & understand their own mental resilience as well as helping to structure the way you build and improve psychological fitness in your children.

Really good sessions with great practical strategies that can really help for both adults and children as well as personally.

LEARN MORE & SIGN-UP