

# AMHERST SCHOOL NEWSLETTER

15TH EDITION

6 JANUARY 2023

happy new year

# 2023

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## MESSAGE FROM MR REID

I hope you all had a **good Christmas break** and managed to avoid the coughs and colds.

*Thank you!*

Firstly, I would like to **thank you for all the gifts and cards that staff and myself received at the end of term.** Your **generosity and thoughtful words** were **much appreciated** at the end of a long term. **Thank you!**

**The children have made a good return and are excited to be back at school.** Returning to school after the Christmas holidays can be tough for children. Those lovely relaxed holiday routines are hard to move away from when term starts. Do not be surprised if your child has found this week difficult at some point. I think the Christmas holidays, like no other, creates such different everyday experiences that school can feel like a bit of a shock. Just getting out of the door in the morning having a specific time to be somewhere can be challenging!



If not already, **take this weekend as the opportunity for a reset** regarding **bedtimes** and bedtime **routines.** A **consistent** and **quality** sleep pattern is so **important for your child's happiness and ability to cope** when things are difficult.

Take time as a family to identify **things to look forward to** in the short term, medium term and long term. Having things to look forward to are **vital for motivation** and **sense of optimism.**



If you have set any new goals make sure they are **realistic** and **achievable.** Small **weekly successes** are far more sustainable and less likely to lead to a sense of failure. Research shows that it can take up to **three months** for a new routine to become part of your everyday life.

## DETERMINATION

**This term's value is determination.** Determination will be the focus of the PSHE curriculum this term and assemblies. Our school rule that accompanies Determination is:

We will work hard  
to do our best  
even when things are difficult.

We discussed in Wednesday's assembly that **it is easy to try hard at things we enjoy or don't find difficult.** The **real achievement** is if we **continue to try hard and not give up** when we feel **uncomfortable or challenged.** This applies to adults and children!

I hope you all have a good weekend.

Mr Reid

work  
HARD  
dream  
BIG  
Never  
GIVE UP

# NOTICES



## PARENT QUESTIONNAIRE

We have **one last opportunity for parents to complete** the annual parent questionnaire. Please click on your child's year group to access the correct questionnaire: [Year 3](#) [Year 4](#) [Year 5](#) [Year 6](#)

KENT-TEACH.COM

## VACANCIES

Please visit [www.kent-teach.com](http://www.kent-teach.com) to view our current vacancies for a Teaching Assistant and Midday Supervisor. Applications close on Sunday 15th January 2023.



## ADMISSION TO PRIMARY / JUNIOR SCHOOLS

2023 applications are open between **Friday 4 November 2022 - Monday 16 January 2023** and can be made online at [www.kent.gov.uk/ola](http://www.kent.gov.uk/ola).



## FUTURE DATES

- 09 January — Clubs start
- 12 January — Year 5 Local Visit to Churches
- 20 January — Year 6 Young Voices Trip
- 31 January — Year 5 Rainforest Roadshow
- 10 February — Term 3 Ends
  
- 20 February — Term 4 Begins
- 21 February — Year 3 Roman Day (3CL)
- 22 February — Year 3 Roman Day (3H)
- 23 February — Year 3 Roman Day (3W)
- 02 March — World Book Day
- 13 March — Year 6 Trip to Parliament
- 15 March — Year 4 Trip to the Science Museum
- 15 March — Love to Dance Performance
- 16 March — Love to Dance Performance
- 17 March — Open Afternoon 2.45pm
- 17 March — Clubs End
- 21 March — Parent Consultations
- 23 March — Parent Consultations
- 25 March — Sevenoaks Clean-up
- 26 March — Sevenoaks Clean-up
- 27 March — Sevenoaks Clean-up
- 27 March — Year 3 Easter Performance - Dress Rehearsal
- 28 March — Year 3 Easter Performance
- 28 March — Amherst Music Festival 6.00pm
- 31 March — Term 4 Ends

## STAR OF THE WEEK

3CL	Hope B
3H	Matthew C
3W	Alice J
4C	Naomie C-W
4DB	Joanna H
4SF	Talia L

5A	Ryan G
5J	Tom L
5S	Jensen M
6A	Evie T
6B	Robert B
6SB	Thomas R