



ASC and ADHD Support

An organisation helping and supporting autistic adults and their children in the South East.
<https://www.autismsoutheast.co.uk/>

A charity providing support and advice to families with SEN children in Kent. They have weekly advice clinics in Sevenoaks.

<https://wearebeams.org.uk/>

A support group for parents and carers of children with ASC and social communication difficulties.

www.facebook.com/groups/westkentasdparentsupportgroup

A child and family therapy service, who also provide ASC and ADHD assessments. They have a range of resources on their website.

<https://foundationschildtherapy.co.uk/resources/>

A charity providing support to families and children with ASC.

<https://caspabromley.org.uk/>

A website for autistic children, to support understanding.

<https://autismunderstood.co.uk/>

A charity providing support for professionals working with autistic children.

<https://www.autismeducationtrust.org.uk/>

National Autistic Society

<https://www.autism.org.uk>

ADHD Foundation, offering support with neurodiversity.

<https://adhdfoundation.org.uk>

Support with sensory processing difficulties.

<https://www.kentcht.nhs.uk/childrens-therapies-the-pod/neurodivergence/sensory-processing-differences/>

Dr Becky @ Good Inside on Instagram has useful parenting tips and ideas of how to support children.

<https://www.instagram.com/drbeckyatgoodinside/?hl=en>