

Support Your Child's Development with Brain Mapping

Understanding your child's brain activity

Brain mapping uses sequential qEEG technology to display the brain's electrical activity. It can show brain wave patterns that may be contributing to difficulties with regulating attention and emotions, reading social cues, anxiety, and sleep dysregulation.

Neurofountional assessment takes two sessions:

1. **Taking the brain data reading.** It provides a visual representation of brain activity.
2. **Discussing brain data and creating a plan tailored to your individual needs.** This will involve both lifestyle recommendations to support brain health and function and brain training recommendations.

Brain mapping provides personalised insights, allowing for tailor-made interventions and strategies to support your child's specific needs. If you'd like to find out more, use the QR code below to book an initial consultation or two brain mapping sessions.



Help Your Child Thrive

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