

AMHERST SCHOOL NEWSLETTER

24th EDITION - 15 March 2024



MESSAGE FROM MR REID

Dare to be You

An excellent book that I have referenced in previous newsletters over the years is *Dare to be You* by Matthew Syed. It is a wonderful child friendly book that provides **strategies to help children be themselves**. The purpose of the books is as follows:

What if you stopped worrying about fitting in? I'm going to let you into a secret. Are you ready? There's no such thing as 'normal'. So if you're the kind of person who thinks...

- I hate standing out from the crowd
- I wish I could be more like the cool kids
- It's pointless trying to change things

... then this book is going to blow your mind. I'm here to dare you to follow your own path, to love what makes you different and to question the world around you. Because if you believe in yourself, you can be your very own action hero. So what are you waiting for? Dare to be you.

Matthew Syed describes what he calls *The Plan* which lists **eight actions to enable you to be yourself**.

1. Make friends with people who like you for you.
2. Make choices based on what you feel is right.
3. Don't blindly copy other people. Be You.
4. Ask questions. Keep asking questions. Make things work for you.
5. Don't be afraid to do things at your own pace.
6. You should be prepared to be flexible.
7. Be kind. And don't listen to anyone who isn't kind towards you.
8. Make it happen. Don't wait. Get out there. It is down to you.

In previous years I have shared this list with the children in assembly and the feedback was **very positive**. The children understand the language used by Matthew Syed and it prompts some interesting discussions and responses.

If you have time this weekend, maybe take the chance to chat about one or two of the points on the list as a discussion starter. I would avoid bedtime as everyone is tired at that point! The list is quite useful for us as adults too, daring to be you is a life long journey.

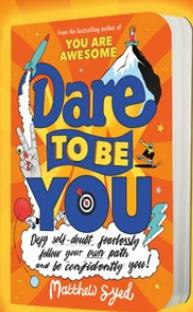
I hope you all have a great weekend.

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"What an amazing book! ... great for dispelling the idea of 'normal'"
Parent review

WORLD BOOK DAY COMPETITION

Congratulations to the wonderful winners of our World Book Day competition:

WORLD
BOOK
DAY

| | |
|-----|------------|
| 3CL | Lily M |
| 3H | Panos K |
| 3W | Penelope N |
| 4C | Raghava R |
| 4S | Emily G |
| 4SF | Kitty G |

| | |
|-----|------------|
| 5A | Will B |
| 5HR | Lucy I |
| 5J | Coby H |
| 6A | Beatrice G |
| 6B | Alex P |
| 6W | Grace G |

NOTICES

REPORT ABSENCES

Please complete the quick [Daily Absence Form](#) on our website before 9.00am for **every day** your child is off school.

CLUBS

CLUBS FINISH TODAY (15th March) except:

YES Little Musketeers 18/3

YES Year 3&4 Arts and Crafts 18/3

NO Amherst Choir 21/3

YES Training Choir 22/3

YES Orchestra 22/3

Summer Term Clubs List to come out shortly.

LETTERS SENT

Year 3 — Easter Performance invitation and costume list

Year 6 — Parliament trip letter

Headteacher's [Spring Newsletter](#)

PTA SCHOOL DISCO

Ensure your child's place at the annual school disco by booking on www.pta-events.co.uk/amherstpta.

Please see the flyer for more details.



FUTURE DATES

19 March - Parent Consultations in the hall

20 March - Year 6 Parliament Trip

21 March - Year 5 Rainforest Roadshow

21 March - Parent Consultations in the hall

22 March - PTA School Disco

26 March - Year 3 Easter Performance, Just like a Roman 2pm

26 March - Amherst School Music Festival- 6.00 - 8.00pm

28 March - Term 4 Ends

24 April - Amherst Choir Primary Partnership Concert

7 May - Year 5 Greek Workshop

13 May - Year 6 SATS Week

23 May - Term 5 Ends

24 May - Inset Day

3 June - Term 6 Starts

6 July - Amherst Summer BBQ (Save the date)



LOVE2DANCE

LOVE 2 DANCE



On 12th March we were lucky enough to take part in **Love 2 Dance** at the Stag Theatre in Sevenoaks.

Love 2 Dance is a dance show put on by many schools in and around the Sevenoaks area. We took a group of 25 children from Year 6, who auditioned at the start of last term and have been working very hard each week to learn 2 dances choreographed by the wonderful Miss Cable and Miss Huntley.

Unsurprisingly, **the children were incredible and danced their hearts out in front of over 300 people**, in both the afternoon show and the evening performance. **Well done to all those involved, we are so proud of you!**

STAR OF THE WEEK

| | |
|-----|------------|
| 3CL | Tallulah D |
| 3H | Ella J |
| 3W | Tilly W |
| 4C | Emily A |
| 4S | Josh E |
| 4SF | Charlie S |

| | |
|-----|----------|
| 5A | Shayla W |
| 5HR | Lucy I |
| 5J | Coby H |
| 6A | Katie L |
| 6B | Molly K |
| 6W | Grace G |



COMMUNITY EVENTS



WHAT TO DO IF YOU THINK YOUR CHILD HAS MEASLES AND WHEN TO KEEP THEM OFF SCHOOL

West Kent Athletics club

Easter Athletics Camp 2024

3 days of athletics where anyone and everyone will take part in all the athletics events, play games and receive an athletics stats sheet with all their best results on to compare each time they come to an athletics camp to track progress.

Each group will have tailored sessions with their designated coach and will be in groups with others of a similar age ready for action packed athletics! Events we will cover:



- 75M/100M
- 600M/800M
- HURDLES
- LONG JUMP
- POLEVAULT
- HIGH JUMP
- TRIPLE JUMP
- JAVELIN
- DISCUS
- SHOT PUTT
- HAMMER
- RACE WALKING

Details

Dates - Tuesday 9th April - Thursday 11th April

Duration - 10:00am - 15:00pm

Location - The Judd School, Brook Street, Tonbridge, TN9 2PN (Please bring your own packed lunch)

Cost - £120 for full course.

£45 per day (Please email to book individual dates)

Age range - 6 - 13 (athletes will be split into groups based on age)

Website: <https://www.westkentathleticsclub.co.uk>
Contact: 07368 234321 Email: westkentac@gmail.com

Club night information

Come along and do athletics - no experience and any ability can turn up to our pay as you go sessions.

Monday - Tunbridge Wells - 6:00pm - 7:00pm - £7 per session

Wednesday - Tonbridge - 6:30pm - 7:30pm - £7 per session

Saturday - Medway - 11:00am - 12:00pm - £5 per session

Check our website or email for more information & 1-2-1 sessions

By arrangement with Three Knights Limited, The Shubert Organisation Inc and Robert Fox Limited

The Sevenoaks Players Present...

CHESS

THE MUSICAL

BENNY ANDERSSON TIM RICE BJORN ULVAEUS

THURSDAY MAY 2 - 7:30pm
FRIDAY MAY 3 - 7:30pm
SATURDAY MAY 4 - 2:30pm
SATURDAY MAY 4 - 7:30pm

THE STAG THEATRE

TICKET PRICE: ADULT £22 | CHILD £18



BOOK NOW! for great discounts!

SCHOOL HOLIDAY CHILDCARE
EXCLUSIVE SCHOOL DISCOUNT!

USE CODE: **SCHOOL10**

LOCAL CAMP AVAILABLE!
Use code for an **EXTRA £10 off** your booking!
*Minimum of 2 days

Visit barracudas.co.uk
or call 01480 467 567

SCAN ME & LEARN MORE!

NEXT THING EDUCATION CAMPS PRESENTS

EASTER CAMPS 2024

25TH MARCH - 12TH APRIL

Coding & Robots

Circuitry & Inventions

Creative Technology

STEM Engineering

Tech Fun

Movie Making | Video Game Design | Robot Coding | STEM Experiments | Engineering

25TH - 28TH MARCH 2024 - 4 DAYS **LIMITED SPACES**
2ND - 5TH APRIL 2024 - 4 DAYS **LIMITED SPACES**
8TH - 12TH APRIL 2024 - 5 DAYS **LIMITED SPACES**

"Wonderful Time"

"Our son had a wonderful time at Tech Camp, he was so proud of the song he made and mixed together himself and couldn't wait to play it for us when we collected him."

★★★★★

How to book

STEP 1

VISIT OUR WEBSITE OR SCAN THE QR CODE BELOW

STEP 2

FIND YOUR NEAREST CAMP

STEP 3

ES OFF IF YOU BOOK BY 15 MARCH WITH CODE BELOW

EASTERS

BOOK NOW AT
www.nextthing.education
T: 01442 873150 E: info@nextthing.education

School Support Careers

FULLY FUNDED Online Course

Available in Levels 1, 2 & 3

Education & Skills Funding Agency

Are you looking for a job that fits in around your family? Gain the necessary qualifications to support you, fully funded by the ESFA (Education Skills Funding Agency).

Levels 1, 2 & 3 for School Support Course with a Guaranteed Job Interview.

Our classes are based online - Run only in term time - During school hours to fit in with the school run -

Course Times

- Total of 5 days per week (Mon-Fri) for 6 weeks
- There are 2 lessons per day (9.30am - 11am) & (1pm - 2pm)
- Must have internet access and a laptop or tablet.

Eligibility Criteria

- Must Be Aged 19+
- Must Claim Benefits (Universal Credit, JSA, ESA, PIP, Income Support, Housing Benefits or any type of Tax Credit including Child Tax Credit). If you live in Merseyside, you do not need to claim any benefits.
- You Can't be a student or an International Student
- You Must have lived in the UK for a Minimum of 3 Years (Except if you are from the Ukraine).

www.studysmartuk.online