

Training Offer for Parents/Carers in the North Kent Quadrant 2024-2025



Sevenoaks STLS

Dartford STLS

Gravesham STLS



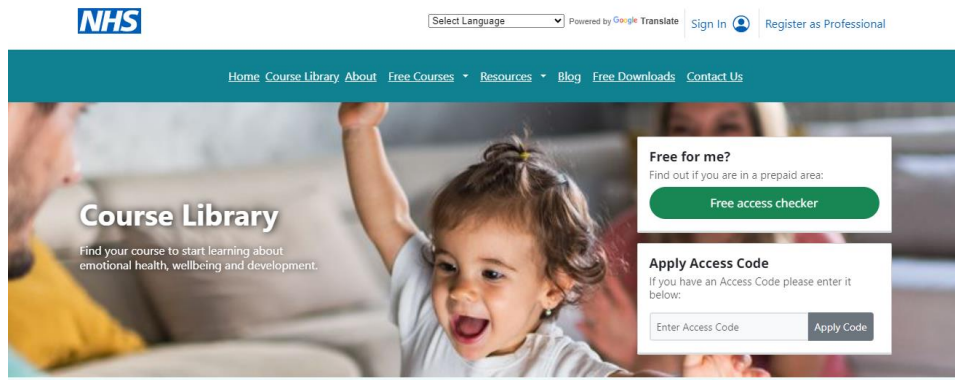
Courses for parents/carers

Name Of Course Or Programme	Date	Duration	Phase Of Education	Aimed At:	Open To Applicants from:
Exploring and Improving Communication Skills	21/10/24	9.30-11.30	All phases	Parents/Carers	Area
Demand Avoidant Profiles in Autism	23/10/24	9.30-12.30	Primary, Secondary	Parents/Carers	Area
Makaton Level 1	11/11/24	9.00 – 3.30	All phases	Parents/Carers	District*
Starting the Autism Journey	19/11/24	9.30-12.00	All phases	Parents/Carers	Area
Basics for Behaviour	16/12/24	9.30-11.30	Primary	Parents/Carers	Area
Dyslexia (SPLD)	07/01/25	10-11.30	Primary, Secondary	Parents/Carers	Area
Autism in the Early Years	24/01/25, 28/02/25, 21/03/25, 25/04/25, 23/05/25	9.30-12.00	Early Years	Parents/Carers	Area
Makaton Level 1	03/03/25	9.00 – 3.30	All phases	Parents/Carers	District*
Anxiety and Autism	25/03/25	9.30-12.30	Primary, Secondary	Parents/Carers	Area
Dyslexia (SPLD)	23/04/25	10-11.30	Primary, Secondary	Parents/Carers	Area
Autistic girls – exploring difference	06/05/25	9.30-12.30	Primary, Secondary	Parents/Carers	Area
Dyslexia (SPLD)	24/06/25	10-11.30	Primary, Secondary	Parents/Carers	Area
Makaton Level 1	09/06/25	9.00 – 3.30	All phases	Parents/Carers	District*

* Only for parents/carers who live in Gravesham or whose child attends a Gravesham school or setting – see More than Words information on Page 24 for alternative Makaton training.

Solihull Approach training

<https://inourplace.heiapply.com/online-learning/courses>



This training is free to access for parents/carers

The access code for Kent parents/carers is *invicta*

Modules available

- Understanding pregnancy, labour, birth and your baby
- Understanding pregnancy, labour, birth and your baby: for women couples
- Understanding your baby
- Understanding your preterm or sick baby in hospital
- Understanding your preterm or sick baby now you're home
- Understanding your child: from toddler to teenager
- Understanding your child with additional needs
- Understanding your child's feelings (a taster course)
- Understanding your child's mental health and wellbeing
- Understanding the impact of the pandemic on your child
- Understanding your teenager's brain
- Moving up to secondary school for children with additional needs
- Understanding the impact of the pandemic on your teenager
- Understanding your brain (for teenagers only!)
- Understanding your feelings (for teenagers only!)
- Understanding your relationships
- Understanding your own trauma



<https://www.kentcht.nhs.uk/childrens-therapies-the-pod/>

Neurodiversity

ADHD
Let's talk about ADHD

Autistic Spectrum Condition
BOSA assessment

Speech and Language Therapy

Early Language and Communication
Let's get talking
Helping your child's social communication
Supporting early interaction workshop
Top tips for talking
Using visual support

Augmentative and Alternative Communication (AAC)
Communication Book
Communication Board
Starting out with signs and symbols
Kent and Medway Communication and Assistive Technology Service (KMCAT)

Feeding and swallowing
Fussy feeder workshop

School aged language
Introduction to SLCN
Parent/carer workshop SLCN – school age
School staff workshop SLCN – Primary school age
School staff workshop SLCN – Secondary school age
Transition to secondary school
Using visual support at school and home
Language through colour
Colourful semantics
Supporting children to understand and use oral narratives
Using a framework to develop reasoning skills

Speech sounds
Top tips for speech
Sounds fun
Phonological awareness
Minimal pairs
Cued articulation
A guide to generalisation of sounds

Hearing Impairment
Auditory discrimination
Hearing loss simulation

Selective mutism
Session 1: Understanding selective mutism
Session 2: Effective, round-the-clock support
Session 3: Implementing a small-steps programme
Session 4: Generalisation and transitions
Session 5: Additional considerations for secondary+

Stammering
Fluency – Top Tips
Supporting your child's fluency: An online parent workshop for children under the age of 8
Supporting your child's fluency: An online parent workshop for children over the age of 8

Occupational Therapy

How to help your child have fun / Meal times
Socks and Sausages

Sensory processing
Understanding your Child's Sensory Processing - Part 1
Understanding your Child's Sensory Processing - Part 2
Understanding your Child's Sensory Processing - Part 3
Sensory circuits

Physiotherapy

Being active
Exercises to make you stronger

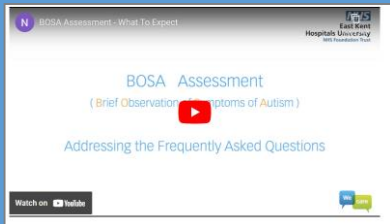
Coordination and motor development
BEAM warm-up example



Hypermobility / Posture and back care
Core stability
Exercises to make you stronger

Under 2s development
Prone prop / Tummy time
Rolling
Lying to sitting
Supported four point kneeling
Half kneeling
Kneeling to standing
Sitting to standing
Standing
Cruising
Walking with a push along walker
Gym ball activities

Neurodiversity


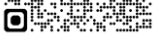
Autistic Spectrum Condition (ASC)



	Title:	BOSA assessment
	Section:	ASC
	Duration:	5 minutes 38 seconds
	← QR code Weblink→	Click here

Attention Deficit Attention Disorder (ADHD)





	Title:	Let's Talk About ADHD
	Section:	ADHD
	Duration:	4 minutes 12 seconds
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Speech and Language Therapy

Early language and communication



	Title:	Let's get talking (Workshop training)
	Section:	Early language and communication
	Duration:	Unknown (but likely to be quite long due to comprehensive content)
	← QR code Weblink→	Click here

Let's get talking is very comprehensive. The different sections include:

- | | |
|--|--|
| Aims | Support for parents in your local area |
| Language and Communication Development | Questions |
| Top tips for talking | What to expect in your first therapy session |
| Language tree with strategies x 2 | Stages of play development |
| Special times | Stages of communication development |
| Sharing books | Bilingualism FAQ sheet |
| Visual support systems | Stages of language and communication development |
| Why visual support? | Stages of attention development |
| Bilingualism and Language development | |
| Bilingualism – advice for parents | |
| Next steps | |
| Summary slide | |



Title: Helping your child's social communication

Section: Early language and communication

Duration: 41 minutes 27 seconds

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Title: Supporting early interaction workshop

Section: Early language and communication

Duration: 14 minutes 54 seconds

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Title: Top tips for talking

Section: Early language and communication

Duration: 6 minutes 20 seconds

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Title: Using visual support

Section: Early language and communication

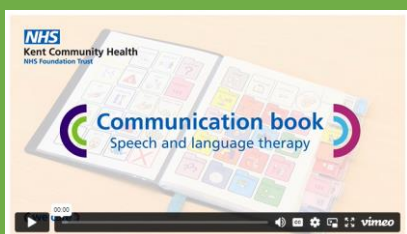
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Augmentative and Alternative Communication (AAC)



Title: Communication Book


Section: AAC

Duration: 13 minutes 42 seconds

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	Title: Communication Board	
	Section: AAC	
	Duration: 8 minutes 7 seconds	
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	Title: Starting out with signs and symbols	
	Section: AAC	
	Duration: 8 minutes	
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	Title: 10 Top Tips for supporting children with communication aids – Kent and Medway Communication and Assistive Technology Service (KMCAT)	
	Section: AAC	
	Duration: 7 minutes 5 seconds	
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Feeding and swallowing

	Title: Fussy feeder workshop	
	Section: Feeding and swallowing	
	Duration: 36 minutes 40 seconds	
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Hearing impairment



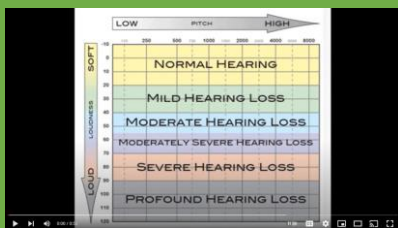
Title: Auditory discrimination

Section: Hearing impairment

Duration: 15 minutes 14 seconds

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Title: Hearing loss simulation

Section: Hearing impairment

Duration: 53 seconds

← QR code

[Click here](#)



School aged language



Title: Introduction to SLCN

Section: School aged language

Duration: Unknown

← QR code

Weblink → [Click here](#)



Title: Parent/carer workshop SLCN – school age

Section: School aged language

Duration: 20 minutes 50 seconds

← QR code

Weblink → [Click here](#)



Title: School staff workshop SLCN – Primary school age

Section: School aged language

Duration: 31 minutes 45 seconds

← QR code

Weblink → [Click here](#)





Title: School staff workshop SLCN – Secondary school age



Section: School aged language

Duration: 46 minutes 33 seconds

← QR code

Weblink→ [Click here](#)



Title: Transition to secondary school



Section: School aged language

Duration: 41 minutes 15 seconds

← QR code

Weblink→ [Click here](#)



Title: Using visual support at school and home



Section: School aged language

Duration: 34 minutes 17 seconds

← QR code

Weblink→ [Click here](#)



Title: Language through colour



Section: School aged language

Duration: 37 minutes 55 seconds

← QR code

Weblink→ [Click here](#)



Title: Colourful semantics



Section: School aged language

Duration: 29 minutes 36 seconds

← QR code

Weblink→ [Click here](#)



Title: Narrative: Supporting children to understand and use oral narratives

Section: School aged language

Duration: 39 minutes 26 seconds

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Title: Using a framework to develop reasoning skills

Section: School aged language

Duration: 35 minutes 19 seconds

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Training which is being developed currently and will be added to the section above, when complete: **Active Listening & Vocabulary**

Selective mutism



Title: Session 1: Understanding selective mutism

Section: Selective mutism

Duration: 53 minutes 47 seconds

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Title: Session 2: Effective, round-the-clock support

Section: Selective mutism

Duration: 1 hour 33 minutes 5 seconds

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Title: Session 3: Implementing a small-steps programme

Section: Selective mutism

Duration: 1 hour 11 minutes 38 seconds

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Title: Session 4: Generalisation and transitions

Section: Selective mutism

Duration: 46 minutes 18 seconds

← QR code

Weblink→ [Click here](#)



Title: Session 5: Additional considerations for secondary+

Section: Selective mutism

Duration: 1 hour 8 minutes 24 seconds

← QR code

Weblink→ [Click here](#)



Speech sounds



Title: Top tips for speech

Section: Speech sounds

Duration: 3 minutes 44 seconds

← QR code

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Title: Sounds fun

Section: Speech sounds

Duration: 20 minutes 40 seconds

← QR code

Weblink→ [Click here](#)



	Title: Phonological awareness
	Section: Speech sounds
	Duration: 13 minutes 52 seconds
	← QR code Weblink→ Click here

	Title: Minimal pairs
	Section: Speech sounds
	Duration: 6 minutes 55 seconds
	← QR code Weblink→ Click here

	Title: Cued articulation
	Section: Speech sounds
	Duration: 3 minutes 53 seconds
	← QR code Weblink→ Click here

	Title: A guide to generalisation of sounds
	Section: Speech sounds
	Duration: 8 minutes 13 seconds
	← QR code Weblink→ Click here

Stammering

	Title: Fluency – Top Tips
	Section: Stammering
	Duration: 7 minutes 1 seconds
	← QR code Weblink→ Click here



Title: Supporting your child's fluency: An online parent workshop for children under the age of 8

Section: Stammering

Duration: 27 minutes 24 seconds

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Title: Supporting your child's fluency: An online parent workshop for children over the age of 8

Section: Stammering

Duration: 29 minutes 58 seconds

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Occupational Therapy

How to help your child have fun / Meal times



Title: Socks and Sausages

Section: How to help your child have fun / Meal times

Duration: 9 minutes 41 seconds

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Sensory processing



Title: Understanding your Child's Sensory Processing - Part 1

Section: Sensory processing

Duration: 10 minutes 22 seconds

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 <p>The senses</p> <p>Understanding your Child's Sensory Processing Part 2 The eight senses</p> <p>24:25</p>	<p>Title: Understanding your Child's Sensory Processing - Part 2</p> <p>Section: Sensory processing</p> <p>Duration: 24 minutes 25 seconds</p> <p>← QR code</p> <p>Weblink→ Click here</p>
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 <p>Strategies</p> <p>Understanding your Child's Sensory Processing Part 3 Strategies</p> <p>34:18</p>	<p>Title: Understanding your Child's Sensory Processing - Part 3</p> <p>Section: Sensory processing</p> <p>Duration: 34 minutes 18 seconds</p> <p>← QR code</p> <p>Weblink→ Click here</p>
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Physiotherapy

Being active

 <p>EXERCISES TO MAKE YOU STRONGER</p> <p>07:51</p>	<p>Title: Exercises to make you stronger</p> <p>Section: Being active</p> <p>Duration: 7 minutes 51 seconds</p> <p>← QR code</p> <p>Weblink→ Click here</p>
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Coordination and motor development

	<p>Title: Beam warm-up example</p> <p>Section: Coordination and motor development</p> <p>Duration: 11 seconds</p> <p>← QR code</p> <p>Weblink→ Click here</p>
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Hypermobility



Title: Core stability

Section: Hypermobility

Duration: 8 minutes 8 seconds

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Title: Exercises to make you stronger

Section: Hypermobility

Duration: 7 minutes 51 seconds

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Posture and back care



Title: Core stability

Section: Posture and back care

Duration: 8 minutes 8 seconds

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Title: Exercises to make you stronger

Section: Posture and back care

Duration: 7 minutes 51 seconds

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Under 2s development

Strategies and advice

There are many ways to support a child's motor development. Watch these short film clips for ideas and advice.

Title: Prone prop / Tummy time



Section: Under 2s development

Duration: 52 seconds

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Title: Rolling



Section: Under 2s development

Duration: 1 minute 33 seconds

← QR code

Weblink→ [Click here](#)

Title: Lying to sitting



Section: Under 2s development

Duration: 2 minutes 55 seconds

← QR code

Weblink→ [Click here](#)

Title: Supported four point kneeling



Section: Under 2s development

Duration: 2 minutes 18 seconds

← QR code

Weblink→ [Click here](#)

Title: Half kneeling



Section: Under 2s development

Duration: 57 seconds

← QR code

Weblink→ [Click here](#)



Title: Kneeling to standing

Section: Under 2s development

Duration: 2 minutes 10 seconds

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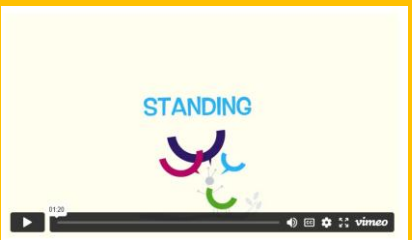
Title: Sitting to standing

Section: Under 2s development

Duration: 34 seconds

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Title: Standing

Section: Under 2s development

Duration: 1 minute 20 seconds

← QR code

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Title: Cruising

Section: Under 2s development

Duration: 1 minute 34 seconds

← QR code

Weblink→ [Click here](#)



Title: Walking with a push along walker

Section: Under 2s development

Duration: 1 minute 39 seconds

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Title: Gym ball activities

Section: Under 2s development

Duration: 1 minute 47 seconds

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Kent and Medway Communication and Assistive Technology Service

The KM CAT Team offer free pre-recorded, on-demand webinars on a range of topics related to using Alternative Augmentative Communication (AAC). These are available via The Education People website.

Why Teach Literacy to Non-verbal Children and Young People?

[Click here to view product](#)

Beyond Requesting: Extending the Communication of Children with ASD

[Click here to view product](#)

Augmentative and Alternative Communication (AAC): Little and Often

[Click here to view product](#)

Inspired Voices Parent Training

[Click here to view product](#)



Introduction to the Mental Capacity Act Code of Practice

[Click here to view product](#)

ASD and VOCAs. What are the factors for success?

[Click here to view product](#)

Eye-Gaze Technology: What you need to know

[Click here to view product](#)

When Handwriting or Communication is a Challenge

[Click here to view product](#)

Kent Family Hubs

<https://www.kent.gov.uk/education-and-children/kent-family-hub>



Get the local support and services you need, with Kent Family Hubs.

You might be a parent, carer, child, or young person. With Kent Family Hubs, you can find advice, support and services to help throughout your family journey, from newborns to 19-year-olds, or up to 25-year olds with special educational needs and disabilities (SEND).

What a family hub offers

Each family hub offers different services for local families. They will also be able to point you toward other sources of help or advice. These can include:

- antenatal classes
- baby clinics
- breastfeeding advice
- childcare advice
- drop-in sessions for parents and children
- early education
- opportunities to get involved with local support
- parenting guidance and support
- services for children aged between 0 and 19
- services for children aged up to 25 with special educational needs and disabilities (SEND)
- support for young people and local youth groups
- support for parents of children and young people
- training or finding a new job.

[Check out what your local family hub has to offer.](#)

Kent Adult Education

Family learning



Family Learning Parenting courses

<https://www.kentadulthoodeducation.co.uk/learning-with-us/family-learning/family-learning-parenting-courses/>

Our Parenting courses are not about being a perfect parent - more about discovering that other people's experiences are the same. Parenting courses are not intended to be interventions and the tutor will not tell parents 'how it's done'. Rather, they are discussion-based with time to share experiences, ideas, concerns and possible solutions.

Courses available

Autism Awareness (8 hours)

Building Family Resilience - helping families through difficult times (8 hours)

Confident Parent, Confident Child (8 hours)

Exploring Behaviour Strategies (2 hours)

Fathers Matter (2 hours)

Learning through Play (8 hours)

Let's Talk About Bullying (2 hours)

Moving on from Difficult Family Relationships (12 hours)

Restoring Family Relationships (2 hours)

Stepping up into Primary (2 hours)

Stepping up into Primary With Crafts (2 hours)

Stepping up into Secondary (2 hours)

Stepping up into Secondary Extra (4 hours)

Supporting ADHD in the Home (8 hours)

The English Education System (2 hours)

Understanding your Teenager (8 hours)

Who's Pulling the Strings (10 hours)

We are BEAMS



Our mission is to provide comprehensive support services to children and young people with any form of physical, learning or sensory impairment living in Dartford, Gravesham, Sevenoaks and the surrounding areas.

We aim to support the whole family through a range of services that directly benefit and assist those dealing with the challenges of raising a disabled child.



1-1 Advice



Fathers Club



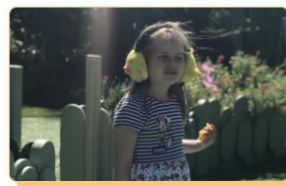
Parent Support



Education Support



Parenting Programmes



Autism and ADHD

Contact us

If you have any questions, please feel free to give us a call or complete the form to send us an email.

CALL 01322 668501

Address

We Are Beams
Allsworth Court
38-40 St David's Road
Hextable
Kent BR8 7RJ

BEAMS

parent support groups



FAMILY ADVICE SUPPORT GROUP – BEAMS

We are Beams will be running a Family Advice Support Group at Ifield Smile

10.00am – 12pm

15th October 2024

3rd December 2024

4th February 2025

1st April 2025

20th May 2025

1st July 2025

This support group is led by our Family Advice Team at Beams and is for parents and carers of children with disabilities – everyone welcome.

To book a place, please telephone 01474 536924 and request a booking form. On booking, an email and contact telephone number must be given. Booking forms are also available on the Ifield website www.ifieldschool.com

Sessions are free.

Refreshments will be provided

Further support



SUPPORT GROUPS - WORKING WITH CHILDREN WITH SPECIAL EDUCATIONAL NEEDS

Autism South East www.autismsoutheast.co.uk
(Support Group for Families)

Beams (We are Beams) wearebeams.org.uk
(Advice, support, activities and respite)

Gravesham Children's Centre and Early Help-
www.kent.gov.uk/education-and-children/early-help-support-for-families
<https://www.facebook.com/GraveshamCC>
(Support for families)

Kent Autistic Trust (KAT) www.kentautistictrust.org
(Family support service - adults and children, advice and support)

National Autistic Society (NAS) www.autism.org.uk
(The largest autism charity in the UK. They have a directory of services for adults, autism helpline information and advice plus run various schools and care homes around the country)

Tree Tops www.treetopsclubs.co.uk
(Breakfast, After School Clubs and Holiday Camps)

Waterside Centre <https://watersideparentscentre.wordpress.com/>

More than Words Charity

<https://morethanwordscharity.com>

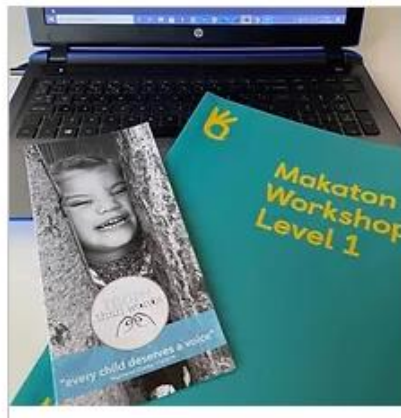


More Than Words is a Kent-based charity that offers FREE Makaton sign language training to the parents and carers of disabled Kent children with communication difficulties.


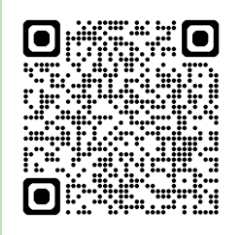

We run regular training either online or in different locations across Kent, responding to demand. We can also provide Makaton training to individuals, Early Years settings, and Schools for low costs.

In addition to training, we host inclusive events for children with communication difficulties, their siblings and their families. These include online sensory sessions, signed story times, and day trips out.

Information about our services, courses and events are all available on our website or via our various social media avenues (Facebook, Twitter, Instagram).



Contacts & booking

Sevenoaks	Dartford	Gravesham
sevenoaksstls@valence.kent.sch.uk	carterk@rowhill.kent.sch.uk	smile@ifield.kent.sch.uk
01959 560592	01322 937897	01474 536924
		
<u>Sevenoaks STLS</u>	<u>Dartford STLS Parent/Carer Training Booking site</u>	<u>Ifield School - Professional & Parent/Carer Courses</u>