

AMHERST SCHOOL NEWSLETTER

TRUST KINDNESS DETERMINATION FAIRNESS CO-OPERATION POLITENESS

MESSAGE FROM MR REID

I hope you all managed to have a **good Easter break**. It is one of my **favourite times of year** with the change in weather and **nature moving to Spring**. It is also the **beginning of the cricket season!**

It was great to see so many children in their uniforms yesterday to celebrate **St. George's Day**.

During assembly this week the children learnt about the history of St. George and why he is England's patron saint.



SWIMMING

We started on our **new key stage 2 swimming provision** for Amherst School this week which is to provide regular swim sessions for Year 4 and 5. The feedback was incredibly positive from both children and staff. One child commented 'I love it, it's like going on a school trip every week!'. The leisure centre swimming teachers commented on how well behaved and polite Amherst children were, which was great to hear.

THIS TERM'S VALUE - FAIRNESS

This term's school value is Fairness. It will be the theme for assemblies and the PSHE curriculum in each year group. We will be reflecting on the character traits of a fair person. A useful checklist for all of us to follow is:

- Take turns
- Tell the truth
- Play by the rules
- Think about how your actions affect others
- Listen to people with an open mind
- Don't blame others for your mistakes
- Don't take advantage of other people
- Don't play favourites

I hope you have a good weekend!

Mr Reid

28th Edition
24 April
2026



REMINDERS

27 Apr - Clubs Start

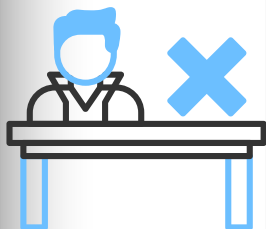
29 Apr - Parent Coffee Morning -
Resilience 9.00 - 10.00am

1 May - PTA Cheese & Wine

4 May - Bank Holiday

6 May - Choir to Sevenoaks School

11 May - SATs week



REPORT ABSENCE - Please [click here](#) to complete the quick Daily Absence Form on our website before 9.00am for every day your child is off school. The form should also be used for medical appointments, holiday requests and school visits.



SUMMER TERM CLUBS

Clubs **start** on Monday, 27 April.

29/04 - 8.15am - Amherst Choir - Extra rehearsal



LETTERS SENT

- Year 3 - Intended Learning - please [click here](#)
- Whole School - Disco Arrangements



NEW MENU

Please note that we have a NEW Summer Menu from 20 April. Please ensure payments for lunches are made in advance via www.schoolgateway.com.

NEW



VACANCIES - www.kent-teach.com

Breakfast club assistant from May 2026 (five mornings)
Applications close on Friday 15th May.

From the Teachers

STAY INFORMED

SUMMER TERM - YEAR GROUP LETTERS

Please click on the links below for information on curriculum, trips, homework, sport, games and more.

[Year 3 Letter](#)

[Year 4 Letter](#)

[Year 5 Letter](#)

[Year 6 Letter](#)



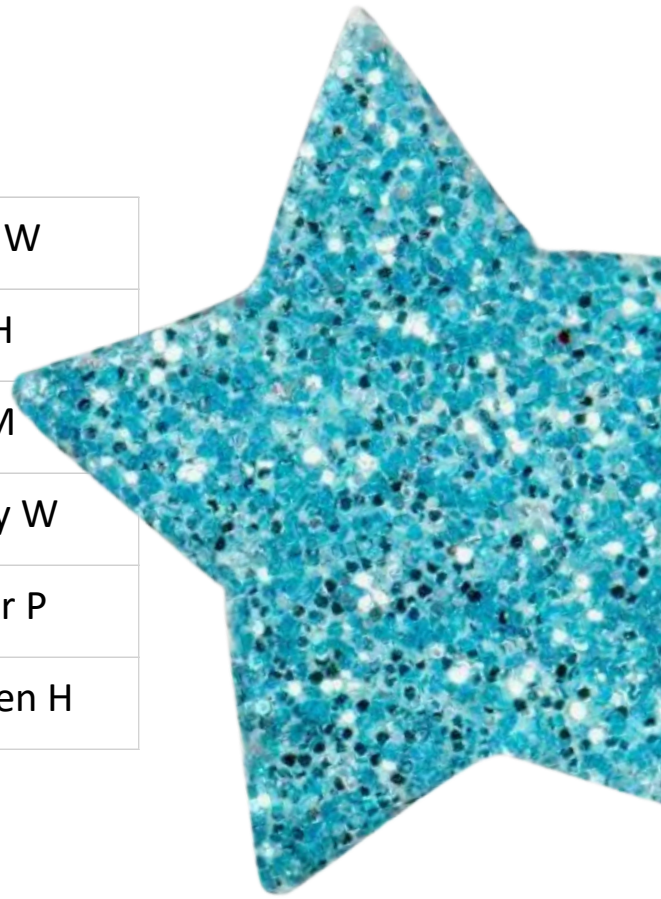
CALENDAR DATES 2026

**** Red dates added this week**

27-Apr	Clubs Start
29-Apr	Parent Coffee Morning - Resilience - 9.00am - 10.00am
01-May	PTA Event - Cheese & Wine Evening
04-May	BANK HOLIDAY
06-May	Amherst Choir - Sevenoaks Partnership Concert
11-14-Apr	SATS week
18-May	Author Visit: Louise Austin (Alex Abbott is [Un]Dead)
19-May	Year 5 Kent Test & Hilltop Meeting - 6.00 - 7.00pm
20-May	Year 6 Health Questionnaire - The Lancaster Model (TLM)
21-May	RE Day
22-May	PTA Cake Sale
22-May	LAST DAY OF TERM
HALF TERM	
01-Jun	Inset Day
02-Jun	FIRST DAY OF TERM
03-Jun	Year 5 - Greek Workshop
03-Jun	SRE Talk (Year 5 & 6 Parents - ICT suite childcare cover) - 3.30pm - 4.30pm
05-Jun	Year 4 Trip - Hampton Court Palace
05-Jun	PTA: 2nd Hand Uniform Sale
8-12-Jun	Hilltop 2026
8-12-Jun	Amherst's Got Talent
8-12-Jun	Year 5 Assessment Week - please avoid booking Secondary School Open Days
16-Jun	Parent Consultations - Year 5
16-Jun	Year 6 Parents - Online Transition Workshop (Kent Emotional Wellbeing Team)
17-Jun	Year 3 Trip - Lullingstone Castle
17-Jun	Parent Consultations - Year 5
26-Jun	Clubs End
30-Jun	Buddy Meeting: Year 5 & 2 - Olympics Event with Riverhead
02-Jul	Kent Transition day
03-Jul	Sports Day - 1.30pm
04-Jul	PTA: Amherst Summer BBQ
06-Jul	Year 5 - Sex & Relationship Education Talks - please avoid booking Secondary School Open Days
06-Jul	No Parent Readers for the rest of the term
08-Jul	District Sports
09-Jul	PTA: Ice Lolly Sale
10-Jul	PTA: Leavers' Disco - 5.30pm - 7.30pm
10-Jul	Summer Production - Dress Rehearsal - 1.45pm - 3.00pm
13-Jul	Summer Production - Matinee Performance - 1.45pm - 3.00pm
14-Jul	Summer Production - Evening Performance - 7.00pm - 8.15pm
15-Jul	Summer Production - Evening Performance - 7.00pm - 8.15pm
17-Jul	PTA: Ice Lolly Sale
21-Jul	Rose Clifton Cricket Match
21-Jul	LAST DAY OF TERM
SUMMER	

STAR OF THE WEEK

3B	Tayo O	5A	Ruby W
3FB	Ralph H	5CS	Evie H
3WH	Kasper K	5J	Zoe M
4C	Ila W	6A	Henry W
4HR	Bella R	6DT	Jasper P
4SL	Issy H	6N	Imogen H



MUSIC

Congratulations to Mina J (6N), who earned a distinction in her ABRSM Grade 5 violin exam.



PRIMARY MATHS CHALLENGE

Yesterday, Henry W, Maddy K, Valentina C G and William C represented Amherst at The Primary Maths Challenge at Tonbridge Grammar School. They undertook four different rounds of challenges which involved lots of problem solving. They worked brilliantly together as a team and showed great determination!



As a result, they won the challenging competition. A great achievement given they were up against 15 other Year 6 teams from local schools. Well done Amherst!

a NOTE from your PTA TEAM

Welcome to Term 5 Team Amherst. The summer terms promise to be fun-filled for children and adults alike. We have numerous events planned, and this term's dates can be seen in our Term 5 calendar.

A huge thank you to all of you that have volunteered to help at tonight's discos - a highlight of the PTA calendar for many of our children. We hope you also have a great night watching their happy, little dancing faces.

Next Friday (1st May), is our termly PTA meeting where we will be discussing the summer BBQ. Get involved, come along and share your ideas to help us make ours the best school BBQ in Sevenoaks!

And don't forget to snap up your 'wine and cheese' tickets - hosted by Majestic, it promises to be a fabulous evening

We look forward to seeing you soon and thank you as always for your support.



TEAM AMHERST TERM 5 - PTA EVENTS CALENDAR		
Fri 24 th Apr	3.30pm	PTA uniform sale
Fri 24 th Apr	5pm-6pm	Disco - Yrs 3&4
Fri 24 th Apr	6.15pm - 7.30pm	Disco - Yrs 5&6
Fri 1 st May	1.45pm	PTA Meeting
Fri 1 st May	7.30pm	Wine & Cheese night
Fri 22 nd May	3.30pm	Cake & hotdog sale



Kent County Council is partnering with researchers at UCL, Durham and Newcastle Universities to invite parents from your school to take part in the SHINE Parent & Carer Survey.

This 20–30-minute survey is designed for parents and carers of Reception and **Year 6 children**. It focuses on their perspectives on children’s health and wellbeing and explores their experiences with the National Child Measurement Programme.

Dear parents and carers,

We are pleased to invite you to take part in the **SHINE (Studying Happiness, self-Image and Nutrition and Eating in children) Parent & Carer Survey**. The survey will help us understand the health and wellbeing of children in **Reception (4-5 years)** and **Year 6 (10-11 years)**. The survey is open to parents and carers of children in these year groups.

The survey takes around **20 minutes** and can be completed **online (or on paper, if preferred – see below)**. It includes questions about:

- Your child’s mental wellbeing,
- You and your child’s eating and physical activity habits,
- Your household and background.

By sharing your experiences, you will help us make changes at both local and national levels to support children’s wellbeing.

As a thank you for taking part, you can enter a **prize draw** to win one of **four £50 shopping vouchers**, awarded to parents and carers in your local community.

The information you provide will only be used only for research purposes and will be kept completely confidential.

[Click here to access the survey.](#)

For more details, [visit our website.](#)

If you have any questions or want a paper version of the survey, contact the study team at shine@ucl.ac.uk.

Thank you for supporting this important research.

The SHINE Study Team



SHINE is a collaboration between University College London, Durham University and Newcastle University.

For
Parents
of year
6



LET'S TALK ABOUT



parent
**COFFEE
MORNING**

29 April / 9.00 – 10.00am
Refreshments provided



SEVENOAKS SPRING RUN



Knole Park

- Fully marshalled
- Free parking at Sevenoaks School
- Water stations
- Finisher Medals for all Participants
- Suitable To Beginners To Experienced runners

3RD MAY 2026
 Start: 9:00 AM
 Registration: 8:30 AM

Sevenoaks School,
 High Street
 TN13 1HU

Stunning route through the beautiful parkland of Knole Park

5K: £22.50
 10K: £25.50

In Support of:
 

Scan the QR Code or Register at
<https://www.ticketebo.co.uk/on-behalf-of-dig-deep-charity/sevenoaks-spring-run-2026>



My name is Connie and I am the founder and head coach of Fusion Cheerleading, a competitive cheerleading academy based in Kent working with athletes aged 5-18 year olds.

I'm writing to introduce our academy and to offer your pupils a completely free taster session at our club. Cheerleading is a fantastic sport for children – it builds confidence, coordination, teamwork and physical fitness in a fun and supportive environment. No previous experience is needed at all.

We currently have spaces available in our junior squads for children aged 5 to 11, and we would love the opportunity to welcome some of your pupils along to try it out.

We are happy to come in and do a short assembly or lunchtime demonstration if that would be helpful, or simply share a free trial link with your families directly.

If you'd like to find out more or arrange a free taster, please don't hesitate to get in touch.

With thanks,
 Connie Shaw
 Founder and Head Coach, Fusion Cheerleading



Swimming Lessons at Walthamstow Hall School

Hollybush Lane, Sevenoaks TN13 3UL

Group lessons, Adult & Child from age 2

1-1 & 1-2 lessons

ASA/STA Fully Qualified Instructors

Sandra Davis: 01892 535438/07795 177214
 sandradavis12@btinternet.com

Sarah Knight: 07812 484233
 Sarahknight1970@yahoo.co.uk

Find us on Facebook



VOLUNTEER

RESTLESS DEVELOPMENT

at the Knight Frank Schools Triathlon!

Join Team Restless Volunteers and show your support for the work that we do and all the children taking part.

When? Sunday 10th May 2026

Where? Sevenoaks School

What will I be doing?

No experience is needed. Just bring bags of energy and enthusiasm. You'll support us to:

- Welcome budding young triathletes and their families at Registration.
- Help triathletes during their swim, cycle or run
- Steward triathletes along the course and brief them when they arrive
- Hand out medals and sweets to our excited finishers

SIGN UP TO VOLUNTEER HERE

Watch the event in action!

Find out about The Schools Triathlon?

Watch to learn more!

Who Are Restless Development?

We are a global charity who supports the collective power of young people to create a better world.

How long do I need to volunteer for?

You can either help for the full day (8am-5pm) or half a day (either AM or PM)

We'll provide you with a free t-shirt and complementary refreshments.

What next?

Sign up today and we'll let you know all the information you need.

Invite others to join you by sending [this link](#) to your friends and family!

Got a question, view our FAQs, or email us on volunteer@restlessdevelopment.org

@schoolsatriathlon

HELP SHAPE OUR COMMUNITY

Riverhead Parish Council values your feedback on the local area.

If you have a spare 5 minutes, please consider filling out the survey by using the QR code below. We want to hear your views on all aspects of life in Riverhead.



If you require paper copies, please visit:

- Riverhead Village Hall Clerk's Office
- Riverhead Library
- Londis

Paper copies can be returned to any of these locations.

**SURVEY OPEN:
 until 30th April**



Please click on the images for more information.