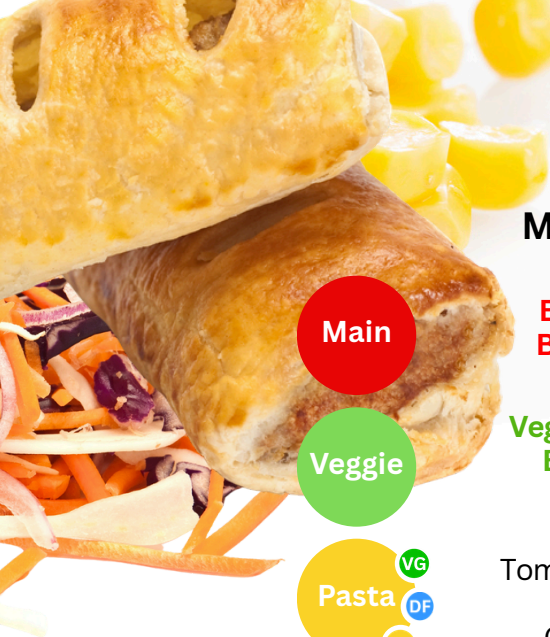




Main

Veggie

Pasta

Bread

Potato

Side

Dessert

WEEK beginning:

2 Nov
23 Nov
14 Dec
18 Jan
8 Feb
8 March

MONDAY

Beef Pasta Bolognese
(1) GF DF

Vegetable Pasta Bolognese
(1) GF DF

Pasta (1)
Tomato and basil sauce
Cheese (9)
Tuna Mayo (4,7)

Wrap (1)
Cheese (9)
Tuna Mayo (4,7)
Egg Mayo (7)
Salmon (4)
Ham

Jacket Potato
Cheese (9)
Tuna Mayo (4,7)
Baked Beans

Peas / Fresh Salad
Coleslaw (7)

Fresh Fruit
Yoghurt / Jelly
Cheese Biscuits
(1, 9)

TUESDAY

Sausage Roll
(1) GF DF

Vegan Roll
(1) GF DF

Pasta (1)
Tomato and basil sauce
Cheese (9)
Tuna Mayo (4,7)

Baguette (1)
Cheese (9)
Tuna Mayo (4,7)
Egg Mayo (7)
Salmon (4)
Ham

Jacket Potato
Cheese (9)
Tuna Mayo (4,7)
Baked Beans

Waffle Fries
Sweetcorn
Fresh Salad
Coleslaw (7)

Sultana Cookie
(1) GF

WEDNESDAY

Roast Turkey Yorkshire Pudding
Gravy (1,7,9) GF

Vegetable Risotto
Stuffed Pepper
GF DF

Pasta (1)
Tomato and basil sauce
Cheese (9)
Tuna Mayo (4,7)

Wrap (1)
Cheese (9)
Tuna Mayo (4,7)
Egg Mayo (7)
Salmon (4)
Ham

Jacket Potato
Cheese (9)
Tuna Mayo (4,7)
Baked Beans

Roast Potatoes
Broccoli / Carrots
Fresh Salad
Coleslaw (7)

Chocolate Sponge
(1, 7)
Custard (9)

THURSDAY

Mild Chicken Curry & Naan Bread (1)
GF DF

Vegetable Curry & Naan Bread (1)

Pasta (1)
Tomato and basil sauce
Cheese (9)
Tuna Mayo (4,7)

Baguette (1)
Cheese (9)
Tuna Mayo (4,7)
Egg Mayo (7)
Salmon (4)
Ham

Jacket Potato
Cheese (9)
Tuna Mayo (4,7)
Baked Beans

Vegetable Rice
Fresh Salad
Coleslaw (7)

Fresh Fruit / Yoghurt
/ Jelly / Cheese
Biscuits (1, 9)

FRIDAY

Fish Fingers
(1,4) GF

Vegetable Fingers (1)

Pasta (1)
Tomato and basil sauce
Cheese (9)
Tuna Mayo (4,7)

Wrap (1)
Cheese (9)
Tuna Mayo (4,7)
Egg Mayo (7)
Salmon (4)
Ham

Jacket Potato
Cheese (9)
Tuna Mayo (4,7)
Baked Beans

Chips
Baked Beans
Fresh Salad
Coleslaw (7)

Blueberry Muffin
(1, 7)

AVAILABLE DAILY: FRESH FRUIT / BREAD / WATER / SALAD

- VG Vegan option available
- VG Puddings: Yoghurt (9), Fruit available
- GF Gluten Free option available
- GF Puddings: Fruit, Jelly, Yoghurt available
- DF Dairy Free option available

ALLERGEN KEY

- 1 Contains gluten
- 2 Crustaceans
- 3 Molluscs
- 4 Fish
- 5 Peanuts
- 6 Nuts
- 7 Eggs
- 8 Soybeans
- 9 Milk
- 10 Celery
- 11 Mustard
- 12 Lupin
- 13 Sesame
- 14 Sulphur Dioxide

OUR KITCHEN

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WEEK beginning:

9 Nov
30 Nov
4 Jan
25 Jan
22 Feb
15 Mar

Main

Veggie

Pasta

Bread

Potato

Side

Dessert

MONDAY

Beef Chilli
(1) GF

Vegetable Chilli (1) GF

Pasta (1)
Tomato and basil
sauce
Cheese (9)
Tuna Mayo (4,7)

Wrap (1)
Cheese (9)
Tuna Mayo (4,7)
Egg Mayo (7)
Salmon (4)
Ham

Jacket Potato
Cheese (9)
Tuna Mayo (4,7)
Baked Beans

Vegetable Rice
Fresh Salad
Coleslaw (7)

Oat Cookie (1)
GF

TUESDAY

Ham, Macaroni & Cheese GF DF
(1, 9)

Macaroni Cheese
(1, 9) GF DF

Pasta (1)
Tomato and basil
sauce
Cheese (9)
Tuna Mayo (4,7)

Baguette (1)
Cheese (9)
Tuna Mayo (4,7)
Egg Mayo (7)
Salmon (4)
Ham

Jacket Potato
Cheese (9)
Tuna Mayo (4,7)
Baked Beans

Peas
Fresh Salad
Coleslaw (7)

Fresh Fruit
Yoghurt / Jelly
Cheese & Biscuits
(1, 9)

WEDNESDAY

Roast Pork, Yorkshire Pudding
Gravy (1,7,9) GF

Vegetable Slice
(1) GF DF

Pasta (1)
Tomato and basil
sauce
Cheese (9)
Tuna Mayo (4,7)

Wrap (1)
Cheese (9)
Tuna Mayo (4,7)
Egg Mayo (7)
Salmon (4)
Ham

Jacket Potato
Cheese (9)
Tuna Mayo (4,7)
Baked Beans

Roast Potatoes
Carrots
Green Beans
Coleslaw (7)

Sticky Toffee
Pudding (1,7,9)
Custard (9) GF

THURSDAY

Meat Balls
Wholewheat Pasta
(1,7) GF

Vegan Balls
Wholewheat Pasta
(1,8) GF

Pasta (1)
Tomato and basil
sauce
Cheese (9)
Tuna Mayo (4,7)

Baguette (1)
Cheese (9)
Tuna Mayo (4,7)
Egg Mayo (7)
Salmon (4)
Ham

Jacket Potato
Cheese (9)
Tuna Mayo (4,7)
Baked Beans

Sweetcorn
Fresh Salad
Coleslaw (7)

Greek Yoghurt DF
Fruits of the Forest
(9)

FRIDAY

Fish Fingers (1,4)

Veggie Nuggets
Sweet chilli dip DF
(1)

Pasta (1)
Tomato and basil
sauce
Cheese (9)
Tuna Mayo (4,7)

Wrap (1)
Cheese (9)
Tuna Mayo (4,7)
Egg Mayo (7)
Salmon (4)
Ham

Jacket Potato
Cheese (9)
Tuna Mayo (4,7)
Baked Beans

Chips
Baked Beans
Fresh Salad
Coleslaw (7)

Banana Muffin with
Icing Drizzle (1,7)
GF

AVAILABLE DAILY: FRESH FRUIT / BREAD / WATER / SALAD

- VG Vegan option available
- VG Puddings: Yoghurt (9), Fruit available
- GF Gluten Free option available
- GF Puddings: Fruit, Jelly, Yoghurt available
- DF Dairy Free option available

ALLERGEN KEY

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Main

Veggie

Pasta

Bread

Potato

Side

Dessert

WEEK beginning:

16 Nov
7 Dec
11 Jan
1 Feb
1 Mar
22 Mar

MONDAY

Sausage, Mash & Gravy

GF DF

Vegan Sausage (1)

GF DF

Pasta (1)

Tomato and basil sauce
Cheese (9)
Tuna Mayo (4,7)

Wrap (1)

Cheese (9)
Tuna Mayo (4,7)
Egg Mayo (7)
Salmon (4)
Ham

Jacket Potato

Cheese (9)
Tuna Mayo (4,7)
Baked Beans

**Sweetcorn
Fresh Salad
Coleslaw** (7)

**Rice Pudding with
Fruity Jam**(9)

DF

TUESDAY

**Arrabiata Chicken
Pasta** (1)

GF DF

Pesto Pasta
(1,9)

GF DF

Pasta (1)

Tomato and basil sauce
Cheese (9)
Tuna Mayo (4,7)

Baguette (1)

Cheese (9)
Tuna Mayo (4,7)
Egg Mayo (7)
Salmon (4)
Ham

Jacket Potato

Cheese (9)
Tuna Mayo (4,7)
Baked Beans

**Broccoli
Fresh Salad
Coleslaw** (7)

Flapjack
(1)

WEDNESDAY

**Roast Gammon
Yorkshire Pudding
Gravy** (1,7,9)

GF

Cauliflower Cheese
(9)

DF

Pasta (1)

Tomato and basil sauce
Cheese (9)
Tuna Mayo (4,7)

Wrap (1)

Cheese (9)
Tuna Mayo (4,7)
Egg Mayo (7)
Salmon (4)
Ham

Jacket Potato

Cheese (9)
Tuna Mayo (4,7)
Baked Beans

**Roast Potatoes
Peas / Carrots
Fresh Salad
Coleslaw** (7)

**Apple & Blackberry
Crumble** (1)
Custard (9)

GF

THURSDAY

Pulled Pork in a Bun
(1,8,13)

SF GF DF

**BBQ Vegetables
with a Bun** (1,9,13)

GF DF

Pasta (1)

Tomato and basil sauce
Cheese (9)
Tuna Mayo (4,7)

Baguette (1)

Cheese (9)
Tuna Mayo (4,7)
Egg Mayo (7)
Salmon (4)
Ham

Jacket Potato

Cheese (9)
Tuna Mayo (4,7)
Baked Beans

**Peas
Fresh Salad
Coleslaw** (7)

GF

Shortbread (1)

FRIDAY

Fish Fillet (1,4)

GF

Mozzarella Sticks
(1,9)

GF

Pasta (1)

Tomato and basil sauce
Cheese (9)
Tuna Mayo (4,7)

Wrap (1)

Cheese (9)
Tuna Mayo (4,7)
Egg Mayo (7)
Salmon (4)
Ham

Jacket Potato

Cheese (9)
Tuna Mayo (4,7)
Baked Beans

**Chips
Baked Beans
Fresh Salad
Coleslaw** (7)

**Fresh Fruit / Yoghurt
/ Jelly / Cheese
Biscuits** (1, 9)

GF

AVAILABLE DAILY: FRESH FRUIT / BREAD / WATER / SALAD

VG

Vegan option available

VG

Puddings: Yoghurt (9), Fruit available

GF

Gluten Free option available

GF

Puddings: Fruit, Jelly, Yoghurt available

DF

Dairy Free option available

ALLERGEN KEY

1 Contains gluten

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